## **Coded Hand Signals Checklist**

A: General Signals				
Start Attention Start of command	Both arms are extended horizontally with the palms facing forward			
<ul><li>Stop</li><li>Interruption</li><li>End of movement</li></ul>	The right arm points upwards with the palm facing forwards			
• Of the operation	Both hands are clasped at chest height			

B: Vertical Movements				
Raise	The right arm points upwards with the palm facing forward and slowly makes a circle			
Lower	The right arm points downwards with the palm facing inwards and slowly makes a circle			
Vertical Distance	The hands indicate the relative distance			

C: Horizontal Movements				
Move forwards	Both arms are bent with the palms facing upwards and the forearms make slow movements towards the body			
Move Backwards	Both arms are bent with the palms facing downwards and the forearms make slow movements towards the body			
• To the signaller	The right arm is extended more or less horizontally with the palm facing downwards and slowly makes small movements to the right			
• To the signaller	The left arm is extended more or less horizontally with the palm facing downwards and slowly makes small movements to the left			
Horizontal Distance	The hands indicate relative distance			

D: Danger				
<ul><li>Danger</li><li>Emergency Stop</li></ul>	Both arms point upwards with the palms facing forwards			
Quick Slow	All movements faster All movements slower			